

WOMEN'S HEALTH MONTH



Join us in May on zoom to learn about ways to keep yourself and the other women in your life healthy.

Topic: Time for a Check Up:
The Importance of Annual Exams

Date: Wednesday, May 4, 2022

Time: 11:00 a.m. to 12:00 p.m.

Presenter: Brandy Holthaus,
Nurse Practitioner at SIHF Healthcare



Registration Link:

https://us02web.zoom.us/joining/register/tZUpC-GsrTgsGdAHJkfUSC7Mk_1YqTgI7Cf0

For more information contact:

Tia Britton

618-646-2577

tbritton@sihf.org



Healthy Start
SIHF HEALTHCARE