## WOMEN'S HEALTH MONTH



Join us in May on zoom to learn about ways to keep yourself and the other women in your life healthy.

**Topic: A Post-Partum Discussion:** 

The Fourth Trimester and Reproductive Health

Date: Wednesday, May 11, 2022

Time: 11:00 a.m. to 12:00 p.m.

Presenter: Tina Mond

Family Nurse Practitioner at SIHF Healthcare



## **Registration Link:**

 $\underline{https://us02web.zoom.us/meeting/register/tZUpc-GsrTgsGdAHJkfUSC7Mk\ lYqTgI7Cf0}$ 

For more information contact:

Tia Britton
618-646-2577
tbritton@sihf.org



