



COMMUNITY BEHAVIORAL HEALTH RESOURCES

NATIONAL CRISIS HELPLINE

Suicide Prevention Helpline & Veteran's Crisis Helpline: 988

Crisis Text Line by texting TALK to 741741

LOCAL/STATE CRISIS HELPLINE SERVICES

Adult Emergency and Crisis Intervention Services:

Chestnut Health Systems, 618-877-0316 or 618-877-4420

Comprehensive Behavioral Health Center, 618-482-7330

Youth Crisis Line - CARES (youth ages 2 - 21) 800-345-9049

Case Management - Adult & Youth

Chestnut Health Systems (618) 877-4420
 Comprehensive BHC (618) 482-7330

Hospital Inpatient - Adult

Gateway Regional Hospital (618) 798-3000
 Touchette Regional Hospital (618) 332-4038

Hospital Inpatient – Children

Lincoln Prairie Behavioral Health (217) 585-1180

Partial Hospitalization - Youth & Adults

CenterPoint of Maryville (618) 205-3285

Outpatient Counseling - Youth

Chestnut Health Systems (618) 877-4420
 Children's Home + Aid (618) 874-0216
 Hoyleton (618) 688-4744

Intensive Outpatient– Youth

Touchette Regional Hospital (618) 332-4038
 CenterPoint of Maryville (618) 205-3285

Mental Health Support Services

Call for Help-Living Room Crisis Support (618) 397-0968
 Depressive and Bipolar Support Alliance (618) 444-6927
 Illinois Warm Line (866) 359-7953
 NAMI of Southwestern Illinois (800) 950-6264

Grief/Loss Support Services

Heartlinks - Grief Center (618) 277-1800
 Heartlinks – Addiction Loss

Psychiatric Outpatient – Adult

Chestnut Health Systems (618) 877-4420
 Comprehensive BHC (618) 482-7330
 SIHF Windsor Center East St. Louis (618) 274-9105
 SIHF Belleville Health Center (618) 398-9850
 Gateway Regional Hospital (618) 798-8460

Intensive Outpatient - Adult

Touchette Regional Hospital (618) 332-4038
 Gateway Regional Hospital (618) 798-8155

SUD Outpatient and IOP - Adult

Chestnut Health Systems (618) 877-4420
 Comprehensive BHC (618) 482-7330
 Touchette Regional Hospital (618) 332-4038
 Gateway Foundation (618) 234-9002

SUD Medically Assisted Tx.

Comprehensive BHC (618) 482-7330
 Chestnut Health Services (618) 877-4420

Medical Detox Services

Touchette Regional Hospital (618) 332-4038
 Gateway Regional – New Vision (618) 358-0200

Substance Use Support

Alcoholics Anonymous (618) 251-4000
 Parents of Addicted Loved Ones (618) 567-6095
 Family Support Line (314) 669-1184
 NARCAN Distribution (618) 512-1781