

Lincoln Prairie Behavioral Health Center presents

Free Virtual Training

UNDERSTANDING BEHAVIORS: LESSONS FOR A LIFETIME

● June, 14th 2023
10a-11:30a via Zoom



Shelley Kenow

Presenter

IEP Consultant &
Published Author

PARTICIPANTS WILL LEARN:

- how to recognize your own communication as well as those around you
- ways to improve their mental health
- a deeper understanding of themselves and the behaviors of others

Having a deeper understanding of our behaviors will help us communicate better which in turn leads to better understanding, cooperation, and mental health.



REGISTER:

<https://conta.cc/3Hwn0CP>



Shelley Kenow
IEP Consultant
Master IEP Coach®

Free CEUs available for LSW/LCSW/LPC/LCPC/RN/LPN