



TakeCare Support Group

For the family and loved ones
of those struggling with
mental health concerns.

Monthly Topic

June 27: Anxiety

July 25: Depression



For registration & inquiries:
education@andersonhospital.org
or call 618.391.6702

Emily Hinderliter, MA, LCPC, ATR
Kristin Degler, MA LPC



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Monthly Topic

July 25: Depression

August 22: Bipolar Disorder



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Monthly Topic

August 22: Bipolar Disorder

September 26: ADHD



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Monthly Topic

September 26: ADHD

October 24: Stress Disorders



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Monthly Topic

October 24: Stress Disorders

November 28: Psychosis



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