

For the family and loved ones of those struggling with mental health concerns.

**Monthly Topic** 

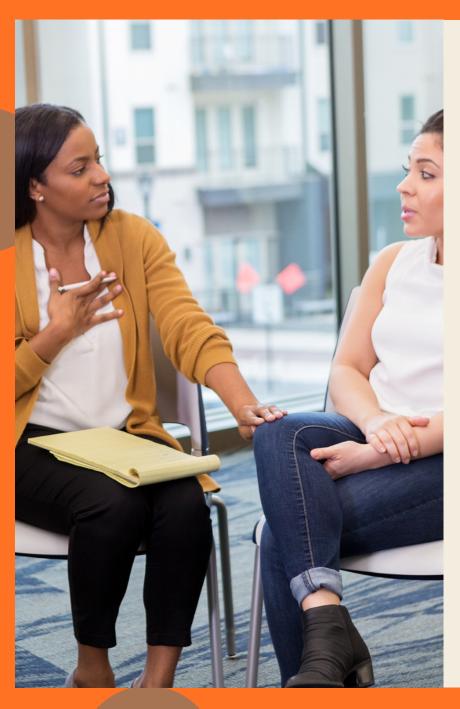
June 27: Anxiety

July 25: Depression





For registration & inquiries: education@andersonhospital.org or call 618.391.6702



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July 25: Depression

**August 22: Bipolar Disorder** 





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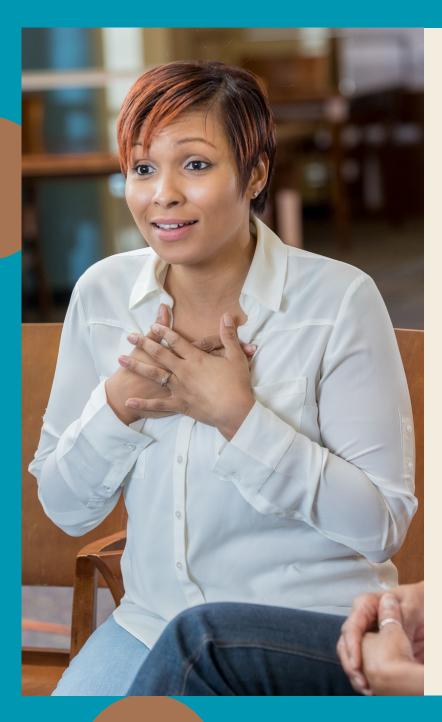
**Monthly Topic** 

August 22: Bipolar Disorder September 26: ADHD





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**Monthly Topic** September 26: ADHD October 24: Stress Disorders





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**Monthly Topic** October 24: Stress Disorders November 28: Psychosis





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