

# Healthy Start

## 2022 Prenatal and Parenting Sessions Calendar

*(All classes are virtual on Zoom.)*

### *June to July 2022*

The First Trimester	Tuesday, June 7	4pm to 5:30pm
Infant Safety	Thursday, June 9	12pm to 1:30pm
The Second Trimester	Tuesday, June 14	4pm to 5:30pm
The Third Trimester	Tuesday, June 21	4pm to 5:30pm
Parenting Group Session	Thursday, June 23	4pm to 5:30pm
Breastfeeding Education	Tuesday, June 28	4pm to 5:30pm
The Fourth Trimester	Tuesday, July 12	4pm to 5:30pm
Infant Safety	Thursday, July 14	4pm to 5:30pm
Infant Care	Tuesday July 19	4pm to 5:30pm
Parenting Group Session	Thursday, July 28	4pm to 5:30pm

### *August to September 2022*

The First Trimester	Tuesday, August 2	4pm to 5:30pm
The Second Trimester	Tuesday, August 9	4pm to 5:30pm
Infant Safety	Thursday, August 11	12pm to 1:30pm
The Third Trimester	Tuesday, August 16	4pm to 5:30pm
Breastfeeding Education	Tuesday, August 23	4pm to 5:30pm
Parenting Group Session	Thursday, August 25	4pm to 5:30pm
The Fourth Trimester	Tuesday, August 30	4pm to 5:30pm
Infant Safety	Thursday, September 8	4pm to 5:30pm
Infant Care	Tuesday, September 13	4pm to 5:30pm
Parenting Group Session	Thursday, September 22	4pm to 5:30pm

**Registration is Required!**

For more information or to register, please contact Tia Britton at:

618-646-2577

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### *October to November 2022*

The First Trimester	Tuesday, October 4	4pm to 5:30pm
The Second Trimester	Tuesday, October 11	4pm to 5:30pm
Infant Safety	Thursday, October 13	12pm to 1:30pm
The Third Trimester	Tuesday, October 18	4pm to 5:30pm
Breastfeeding Education	Tuesday, October 25	4pm to 5:30pm
Parenting Group Session	Thursday, October 27	4pm to 5:30pm
The Fourth Trimester	Tuesday, November 1	4pm to 5:30pm
Infant Care	Tuesday November 8	4pm to 5:30pm
Infant Safety	Tuesday, November 10	4pm to 5:30pm
Parenting Group Session	Thursday, November 17	4pm to 5:30pm

### *December 2022*

Infant Safety	Thursday, December 8	12pm to 1:30pm
Parenting Group Session	Thursday, December 15	TBD

**Registration is Required!**

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